Tekla B. Sanders, PhD, MHA, MBA

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EDUCATION

12/16/2017 **Doctor of Philosophy-Clinical Health Sciences**

University of Mississippi Oxford, Mississippi

DISSERTATION: "The Use of a Standardized Self-Management Education Curriculum during Shared Medical Appointments to improve Clinical Outcomes for Adult Patients with Type 2 Diabetes."

12/30/2004 Master of Business Administration

Texas Woman's University Denton, TX 39217

12/15/2004 Master of Health Care Administration

Texas Woman's University Institute of Health Sciences

Dallas, TX 75235

THESIS: "A Survey of Patient Satisfaction with Shared Medical Appointments at Parkland Health and Hospital System's Community Oriented Primary Care Clinics."

08/02/2002 Bachelor of Science – Biological Sciences

University of Southern Mississippi Hattiesburg, MS 39401

KNOWLEDGE, SKILLS AND ABILITIES

- Providing strategic guidance and oversight for a range of
 institutional environments, including health care, education, and law enforcement,
 in meeting their charge to develop programs able to reduce disparities and improve
 compliance with appropriate standards.
- Developing and evaluating programs focusing on topics of importance to rural, economically disadvantaged, and minority populations, as well as evaluating approaches in health and behavioral education developed to improve patient experiences of chronic illness
- Improving the relevance of data to communities and populations targeted for intervention(s), by ensuring that data collection and analysis, as well as program evaluation, include contributions from individuals and communities within the target populations so as to better define beneficial interventions and improve effectiveness

- Knowledge in the field of major gifts; Skill in relating needs of the institution to individuals and to giving programs of foundations and corporations
- Ability to build and sustain professional alliances and relationships.
- Knowledge of business and management principles involved in strategic planning, resource allocation, leadership technique and coordination of people and resources.

PROGRAM IMPLEMENTATION & EVALUATION EXPERIENCE

| Evaluation Period | Agency Name | Project Title | Project Description |
|----------------------|---|---|---|
| 2004 | Medical City Dallas Hospital | | Conducted a study of the marketing and patient service processes of Medical City's imaging unit. Evaluated the effectiveness of the department's marketing efforts. |
| 2006 - 2013 | Tougaloo College | Addressing Health Disparities by Reaching out | Provided health and wellness education, nutrition education, and physical fitness programs in 26 MS counties |
| 2006 - 2103 | Diabetes Foundation of Mississippi | Diabetes Health Initiative | Provided Diabetes self management education and health screenings throughout the state of MS |
| 2006 - 2008 | University of Mississippi Medical Center's (UMMC) Dept. of Orthopedic Surgery | Underserved High School Sports Medicine Initiative | Provided medical services to high school students and inspired careers in health care |
| 2006 - 2009 | UMMC Dept. of Cardiovascular Services | Get with the Guidelines | Enhanced communications between health-care providers and improved continuity of care |
| 2006 - 2009 | MS Primary Health Care Association | Recruitment Program for Minority Health Care Providers | Improved states ability to recruit regionally by identifying/tracking through an interactive website and visiting Mississippi's minority residents who attended out-of-state health professional schools and residency programs |
| 2007-2009 | Jackson State University | Research Study: Facilitating A Better Understanding of Cardiovascular Disease Risk Factors Among African-American Male College Students | A Health Awareness and Promotion Program for African-American Students to increase Mississippi's African-American college students awareness of chronic disease risk factors and promote their involvement in healthy behaviors |
| 2007 - 2009 | UMMC School of Nursing | MS Nurse Mentorship Academy | Academy program that targeted 20 high school graduating seniors with an interested in the field of nursing and allied health careers. Students were trained and mentored in a state-approved, 80 clockhour Certified Nurse Assistant program. |
| 2008- 2009 | My Brother's Keeper | Lead Education Awareness and Detection | Administered a childhood lead risk assessment questionnaire to the parents, |

| | | | conducted blood lead level screenings and provided referral services to local Health Department clinics as needed |
|------------|---|--|---|
| 2008- 2009 | UMMC School of Dentistry | Organized Dental Community Outreach and Service Learning | Developed a community-based service-learning curriculum that included a multi-year student externship in community partner clinics to serve culturally diverse communities and understand the population-level factors that impact the community's utilization of dental care services. |
| 2008-2009 | Community Outreach for Health Awareness | Cardiovascular Disease Initiative | Provided prevention and early intervention services related to cardiovascular disease to 2,000 low-income and underserved persons in Hinds, Madison, and Rankin counties |
| 2009-2010 | MS Valley State University | Research Study: Perceptions of Middle and High School Students on Chlamydia in Bolivar and Washington Counties | Assessed the middle and high school students' understanding of risk and protective factors associated with Chlamydia |
| 2009-20010 | UMMC Dept. of Radiation Oncology | Research Study: Effects of Aggressive Patient Management on Cancer Outcomes | Provided aggressive attempts at patient management to improve daily patient compliance and long-term patient outcomes from therapy, and decrease intercurrent complications and hospitalizations for these patients. |
| 2010-2013 | Bayou LaBatre Rural Health Clinic | Bayou Outreach and Support Services | Expanded basic medical screening and educational programs for Bayou LaBatre, AL residents |
| 2010- 2013 | Tulane University | Improving Care Quality and Access for Asian American | Transformed the health center into a culturally competent Patient Centered Medical Home. Trained lay Vietnamese American Community Health Workers to provide patient education, health coaching and health system navigation support |
| 2010-2013 | Louisiana State University | Louisiana Cancer Control Program | Implemented a Patient Navigation Program and evidence-based cancer control activities as guided by the State Comprehensive Cancer Control Plan and the Louisiana Comprehensive Cancer Control Program (LCCCP) |

PROFESSIONAL EXPERIENCE

Compliance Officer, Office of Compliance and Integrity, Hinds County Sheriff's Office, Hinds County Board of Supervisors, Jackson, MS January 2016—August 2017

- Initiated and implemented the first Compliance Program at the Hinds County Sheriff's Office.
- Drafted and revised policies and procedures for the general operation of the Compliance Program and its related activities to prevent illegal, unethical, or improper conduct. Managed day-to-day operation of the Program.
- Developed and periodically reviewed and updated Standards of Conduct to ensure continuing currency and relevance in providing guidance to management and employees.
- Collaborated with other departments (e.g., Civil Process, Human Resources, Finance, etc.) to direct compliance issues to appropriate existing channels for investigation and resolution.
 Consulted with the in house Legal Counsel as needed to resolve difficult legal compliance issues.
- Responded to alleged violations of rules, regulations, policies, procedures, and Standards of Conduct by evaluating or recommending the initiation of investigative procedures. Developed a system for uniform handling of such violations.
- Identified potential areas of compliance vulnerability and risk; developed/implemented corrective action plans for resolution of problematic issues, and provided general guidance on how to avoid or deal with similar situations in the future.
- Provided reports as directed or requested, to keep senior management informed of the operation and progress of compliance efforts.
- Ensured proper reporting of violations or potential violations to duly authorize enforcement agencies as appropriate and/or required.
- Monitored the performance of the Compliance Program and related activities on a continuing basis, taking appropriate steps to improve its effectiveness.

Director, Health Services Core, Delta Regional Institute, University of Mississippi Medical Center, Jackson, MS, October 2008 – August 2013

- Planned, organized, directed, and coordinated administrative and Health Services Core activities;
- First organization to coordinate federal, state academic faith and community-based coalitions to combat health disparities across three states (Mississippi, Alabama and Louisiana)
- Collaborated with the Executive Director in the establishment of a comprehensive plan, budget estimates, and fiscal administration of allocated resources
- Provided oversight of Memoranda of Agreements and grants provided through the Health Services Core
- Facilitated improvement plans related to performance for each sub award recipient
- Ensured that programs met established deadlines for deliverables in accordance with federal grant requirements and state regulations
- Provided professional development and on-going support to partners and sub award grantees in designing and implementing data driven goals and objectives
- Hired, trained, scheduled work assignments, supervised, and evaluated staff
- Facilitated the development and maintenance of effective internal and external relationships

- Monitored federal and state legislative activity and initiatives and recommended implementation of new health service programs
- Directed and/or collaborated in the preparation and submission of annual Federal and State reports, progress reports, grant proposals, and other grant related information
- Served on leadership team, executive team, work groups and healthcare committees
- Managed multiple federal grants with a budget of \$5,000,000
- Responsible for overall program administration for multiple grants (day-to-day programmatic and fiscal operations (worked closely with the Financial Officer)
- Developed sub award contracts budgets, data management systems and evaluation measures and ensured that programs were implemented within the defined scope, quality, time, and cost constraints.
- Assisted with grant writing, strategic planning, administered and managed training programs through grants to health professional schools, foundations and training programs,
- Presented information and responded to questions from various Advisory Boards, Committees, and other stake holders.
- Made decisions and judgments relative to all operations and programs within the Health Services division.

Director, Health Services Core, Mississippi Institute for Improvement of Geographic and Minority Health, University of Mississippi Medical Center, Jackson, MS, October 2006 – 2008

- Responsible for day-to-day programmatic and fiscal operations and oversight and
 management of health initiatives, projects, and other activities associated with the Health
 Services Core. Provided oversight of memoranda of agreements and grants. Ensured contracted
 services met established deadlines for deliverables in accordance with federal grant
 requirements and state regulations.
- Developed and implemented the Competitive Community Health Grant program that awarded up to \$25 thousand dollar per year to support innovative ideas that could have lead to fundamental breakthroughs in health and health care delivery in rural areas
- Maintained an organizational structure and staffing to accomplish organizational goals and objectives. Promoted effective two-way communication between management and employees.
- · Hired, trained, scheduled work assignments for, supervised, and evaluated staff
- Facilitated the development and maintenance of effective internal and external relationships.
- Promoted outreach and dissemination of health information to medically underserved populations
- Monitored federal and state legislative activity and initiatives and recommended implementation of new health services policies and programs impacting rural and minority health. Ensured compliance with applicable laws, rules, and regulations
- Developed, implemented, and managed continuous quality improvement initiatives to improve rural and minority health services and reduce disparities in healthcare outcomes in support of national objectives and the UMMC strategic plan
- Oversaw the development and maintenance of a centralized database for data collection, analysis, program evaluation, and decision support
- Directed and/or collaborated in the preparation and submission of annual reports, progress reports, grant proposals, and other grant related information

- Assisted with grant writing, strategic planning administers and manages trainingprograms through grants to health professions schools, foundations and training programs, program evaluation, policy analysis, human resources and other administrative activities
- Oversaw research studies, assisted with the development and coordinated budget preparation guidance with the upper level managers
- Served on leadership team, executive team, work groups and healthcare committees
- Responsible for program development and evaluation

Development Officer, Office of Development, University of Mississippi Medical Center, Jackson, MS, August 2005 - September 2006

- Built working relationships and served as development liaison to schools and colleges, clinical departments, deans, department heads/directors, and other keypersonnel to achieve successful fundraising
- Nurtured culture of philanthropic support
- Managed and coordinated fund-raising efforts and special projects
- Coordinated and managed the relationship of the Medical Center with corporations, foundations and individuals from who funds were sought for various programs and projects
- Planned fund-raising strategies for carrying out specific projects; and identified potential sponsors/donors
- Interacted with diverse stakeholders (hospital, academic and, banking executives, software, equipment and business vendors)
- Identified, cultivated, and solicited philanthropic support by developing and maintaining relationships with assigned prospects and significant and influential individuals

Administrative Intern, Medical Services Administration, Dallas Veteran Affairs MedicalCenter, Dallas, TX, January 2004 - March 2004

• Selected to participate in an internship program that emphasized training in areas of Medical Administrative Services including Admissions, Ward Administration, and Fee Services.

Researcher, Parkland Health and Hospital System, Dallas, TX, January 2003 to February 2004

• Conducted a survey of patient satisfaction with Shared Medical Appointments at Parkland Health and Hospital System's Community Oriented Primary Care Clinics

Data Analyst/Intern, Dallas County Department of Health and Human services, Dallas, TX, September 2002 to January 2003

• Recorded and analyzed data collected on the number of HIV, STD, Pertussis, Tuberculosis, and West Nile Virus cases that occurred and were reported in the Dallas County of Texas

ACADEMIC EXPERIENCE

- 2017 **Adjunct Instructor,** Alabama State University, College of Health Sciences, Department of Health Information Management, Montgomery, Alabama 36104
 - Plan, direct, coordinate, evaluate and revise health information management curricula, course content, course materials, and methods of instruction; prepare and deliver course material designed to maximize student learning
 - Evaluate and grade students' class work, assignments and papers; initiate, facilitate and moderate classroom discussion

Course Assignments

| HIM 314 | Current Trends in Health Care |
|---------|-------------------------------|
| HIM 321 | Professional Development I |

HIM 459 Administrative Affiliation (HIM Practicum)

PROFESSIONAL AFFILIATIONS

| 2004 – present | Member, American College of Healthcare Executives |
|----------------|---|
| 2005 - 2007 | Member, National Association of Fundraising Professionals |
| 2005 - 2007 | Member, National Committee on Planned Giving |
| 2006 - present | Member, Mississippi Health Care Executives |
| 2011 - 2014 | Member, AcademyHealth |
| 2011 - 2015 | Member, American Evaluation Association |

OTHER MEMBERSHIPS/COMMITTEE ASSIGNMENTS

| 2000 – present | Member, Alpha Kappa Alpha Sorority, Inc. |
|----------------|---|
| 2007 – present | Founding Member, Mississippi Oral Health Community Alliance |
| 2009 - 2011 | Member, Diabetes Coalition of Mississippi Strategic Planning Group |
| 2010 - 2012 | Secretary, Mississippi Oral Health Community Alliance |
| 2010 - 2015 | Member, Young Adult Leadership League of Clinton, MS |
| 2015 – present | Member, Diabetes Coalition of Mississippi |
| 2015 – present | Accelerated Reader Committee Chair, Clinton Park Elementary Parent |
| | Teacher Organization |
| 2017 – present | Accelerated Reader Committee Chair, Northside Elementary Parent Teacher |
| | Organization |

MENTORSHIP ACTIVITIES

| 2006 | Served as a mentor for high school students participating in the Base Pair Biomedical Research Program at the University of Mississippi Medical Center |
|-------------|---|
| 2008 – 2011 | Assisted with the instruction of 25 Undergraduate and Graduate students in the creation of a health care resource compendium for the state of Mississippi at the University |

HONORS & AWARDS

| 2007 | Jackson Free Press Citizen of the Month |
|------|---|
| 2016 | Parent of the Year, Clinton Park Elementary |

PEER REVIEWED JOURNAL PUBLICATIONS

Sanders, T. B., Bowens, F.M, Pierce, W., Stasher-Booker, B., Thompson, E.Q., and Jones, W.A., "The Road to ICD-10-CM/PCS Implementation: Forecasting the Transition for Providers, Payers, and Other Healthcare Organizations." Perspectives in Health Information Management (Winter 2012): PMID: 339203

JOURNAL REVIEWS

| 2007 | Reviewer, Online Journal of Ethics |
|------|---|
| 2011 | Reviewer, Perspectives in Health Information Management |
| 2012 | Reviewer, Journal of Family and Community Health |

RESEARCH PRESENTATIONS & PUBLISHED ABSTRACTS

Sanders, T. Shared and changing spaces: Mentoring STEM (and other) students by using shared data, significant digits, and student-identified variables. Presenter, Institutional Change through Faculty Advancement in Instruction and Mentoring (IC FAIM) Conference, May 3 – May 18, 2018, Jackson, MS.

Sanders, T., McCraw, I., and Booker, B. Tackling Health Care Disparities through Health Services. Presentation, AcademyHealth's 30th Annual Research Meeting, June 22-25, 2013, Baltimore, MD

Sanders, T., McCraw, I. Booker, B. and McClain, I., Diabetes Goes to Church. Presentation,

Sanders, T., Wennerstrom, A., Bui, T., Harden-Barrios, J., Thompson, E., McCraw, I., Bolden, L., Booker, B., Price-Haywood, E., and Jones, W. Improving Diabetes Management for Vietnamese Americans. Presentation, 2012 Summit on the Sciences of Eliminating Health Disparities, October 31st, 2013, National Harbor, Maryland.

Mushi, R. and **Sanders, T.** Perceptions Toward Risk and Protective Factors Associated With Chlamydia in Public Health District III Among Middle and High School Students. Presentation, 12th Annual Conference on Eliminating Health Disparities, Oct. 11-12, 2012, Jackson, MS

Stasher-Booker, B., Hart-Hester, S., Jones, W.A., Bowens, F.M., **Sanders, T.B.,** Abram, S., Thompson, E.Q., Frye, P.A., and Baker, A., Strategic Framework Proves Vital to Strengthening Health Promotion. Abstract, 2012 Summit on the Science of Eliminating Health Disparities, October 31-November 3, 2012, National Harbor, MD

Sanders, T. "Eliminating Health Disparities in Mississippi: The Institute's Mission" Presentation, American Heart Association, Get with the Guidelines kick-off event, Jackson, MS 2007

Abram, S., Arthur, C., Brown, A., Rudman, B., **Sanders, T.** The Efforts of the Mississippi Institute for Improvement of Geographic Minority Health to Improve Health Disparities in Mississippi. Abstract, 7th Annual Southern States in Knowledge in Research Conference: Eliminating Health Care Disparities in the Southwest, San Antonio TX 2007

Abram, S., Arthur, C., Brown, A., Rudman, B., **Sanders, T.** The Efforts of the Mississippi Institute for Improvement of Geographic Minority Health to Improve Health Disparities in Mississippi. Abstract, 22nd Annual International Interdisciplinary Conference on Hypertension and Related Risk Factors in Ethnic Populations, Orlando, FL 2007

Abram, S., Arthur, C., Brown, A., Rudman, B., **Sanders, T.** "The Efforts of the Mississippi Institute for Improvement of Geographic Minority Health to Improve Health Disparities in Mississippi" Jackson State University 6th Annual Conference: Eliminating Health Disparities in Mississippi, Heart Disease and Obesity, Jackson, MS 2007

Sean R. Abram, Ph.D., Sheila P. Davis, Ph.D., R.N., William Rudman, Ph.D., Andy Brown, M.D., Chris Arthur, Ph.D., Anthony R. Mawson, DrPH, **Tekla Sanders, MBA,MHA**, Arthhur Cosby, Ph.D. and Warren A. Jones, M.D. Abstract, Tackling significant health disparities faced by rural and disadvantaged minority populations in the state of Mississippi. Sixth Annual Conference on Eliminating Health Disparities in Mississippi, Jackson MS, November 2007

RESEARCH SUPPORT

Mississippi Institute for Improvement of Geographic and Minority Health Principal

Investigator: Warren A. Jones, M.D.

CPIMP061018-03

Role: Director of Health Services

Goal: To improve awareness of healthcare issues among minority individuals with aspecial emphasis on disadvantaged people living in rural areas, to increase access toquality healthcare for rural disadvantaged populations, to increase the number of healthcare providers who provide services to traditionally underserved populations. Todevelop a model for improving minority health and eliminating health disparities that can be replicated across the United States.

Delta Regional Institute

Principal Investigator: Bettina M. Beech, DrPH

CPIMP091 054-01-00

Role: Director of Health Services

Goal: Infuses a cooperative agreement between Mississippi, Alabama and Louisiana(Delta Region states) to integrate evidence-based clinical, social, environmental, and behavioral interventions across various levels of care (individual, community, systems). This mission is fundamental to improving the health of priority population and reducing disparity in health and heath care services across the Delta Regions states. Overall, the Delta Region Institute serves as a hub of multi-state activity, services and information on health disparities and the impact on racial, ethnic and rural communities within the targeted Delta States.