



## Food Allergies/Special Diets Form

Camp/Program: \_\_\_\_\_

Dates : \_\_\_\_\_ to \_\_\_\_\_

### Attendee Information

**Please complete this form if the attendee has a food allergy or special diet need!**

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Phone (Cell): \_\_\_\_\_ Work: \_\_\_\_\_ Home: \_\_\_\_\_

Email: \_\_\_\_\_

### \*FOOD ALLERGY(S)/INTOLERANCES/Special Diet:

**Please provide a medical statement describing the dietary restrictions due to the food allergy, diet and/or intolerance, from the Attendee's Physician.**

Circle all that apply:

Peanut Wheat Gluten Dairy Shellfish Soy Eggs Fish Tree nuts Other: \_\_\_\_\_

Other Special Diet needs or restrictions: \_\_\_\_\_

\_\_\_\_\_

A minimum of 10 business days prior to the camp/program, attendees or attendees' legal guardian is request to contact the Camp Director with specified food allergies/special diet needs. Alabama State University contracted food service provider, Aramark Food Services, LLC will make every attempt to meet special diet and food allergy needs but cannot guarantee food service for all requests.

### Food Allergy Disclaimer

Aramark Food Services, LLC will make every attempt to identify ingredients that may cause allergic reactions for those with food allergies. Every effort is made to instruct our food service staff on the severity of food allergies. In addition, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Attendees concerned with foods consumed, or items one may come in contact with while eating at any camp dining venue. Attendees with food allergies are encouraged to contact Sandra Brown, Camps & Programs at (334) 229-8487 or email [campuscamps@alasu.edu](mailto:campuscamps@alasu.edu) for additional information and/or support.



### Food Allergy/Intolerance Chart

Name:			Age:			
Allergy/Intolerance	Recommended Substitution	Mode of Exposure	Describe Reaction	Life Threatening Yes or No	Time to Reaction	Camper Aware of Reaction

Please note: Special diet requests are for food allergies, religious restrictions, and other health-related needs. Request should not be made for food preferences, personal taste, or for "picky eaters." The camp cannot accommodate and honor every request. Vegetarian alternatives are available at each meal and should not be requested here.

Information:

The Eight major Allergens Include: Milk, Eggs, Peanuts, Tree Nuts, Wheat, Soybeans, Fish, and Shellfish. These allergens are to blame for 90% of allergic reactions to food, may be severe, and may cause food anaphylaxis in some individuals.

Food intolerances such as lactose intolerance and gluten intolerance/sensitivity (Celiac Disease) are not allergies but individuals may have special dietary needs associated with these conditions.

Is there any other information you would like to share to help us meet the camper's needs?

By signing this I am certifying I understand the disclaimers contained in this form and I verify the information provided is true and correct.

Signature:

\_\_\_\_\_

Attendee/Parent/Guardian

\_\_\_\_\_

Date