# CARMELA Y DRAKE, PHD, LPC, CAADP, ACGC-III

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## **EDUCATION**

Capella University, St. Paul, MN

PhD in Human Services, Specialization: Counseling Studies

2010

Dissertation: "Phenomenological Study into the Lived Experiences of Youth in the Hip Hop Culture"

Troy University at Montgomery, Montgomery, AL

MS in Counseling and Human Development, Specialization: Community Agency

1999

University of Montevallo, Montevallo, AL

BS in Psychology, Minor: Social Work

1996

## PROFESSIONAL LICENSE AND CERTIFICATIONS

Licensed Professional Counselor (LPC), # 3220

Certified Adolescent Alcohol and Drug Professional (CAADP), CAADP011

Certified Gambling Addiction Counselor (ACGC), Level III, #1028

## TEACHING EXPERIENCE

Alabama State University, Montgomery, AL

2017-present

 $Interim\ BSRS\ Program\ Coordinator/\ Assistant\ Professor\ in\ Rehabilitation\ Studies\ Program$ 

Bachelors of Science in Rehabilitation Services

Courses Taught

Counseling Skills and Techniques

Medical Aspects

Introduction to Addictions

Assessment in Rehabilitation

2016-2017

Alabama State University, Montgomery, AL

Assistant Professor in Rehabilitation Studies Program

Bachelors of Science in Rehabilitation Services

Courses Taught

Counseling Skills and Techniques

Medical Aspects

Introduction to Addictions

Assessment in Rehabilitation

# **Argosy University**

Adjunct Instructor (Graduate Program)

Human Services

Course Taught

Theory and Scope of Human Services

2015-present

Program Evaluation

Policy and Social Advocacy

Life Course and Human Development

### University of Phoenix, Online

Associate Faculty (Undergraduate Program)

Behavioral and Social Sciences

Course Taught

Research and Statistics in Social Sciences

2014-present

### Alabama State University, Montgomery, AL

Adjunct Faculty (Undergraduate Program)

Bachelors of Science in Rehabilitation Services

Courses Taught

Counseling Skills and Techniques	2015-2016
Theories in Counseling	2014-2016
Seminar in Rehabilitation Studies	2014-2016
Introduction to Addictions	2011

#### Troy University, Troy, AL

Adjunct Faculty (Undergraduate Program)
Social Work and Human Services
Courses Taught
Senior Seminar in Human Services
Pre Practicum in Human Services
Practicum (co-teach)

2012-2013 2012-2013 2012-2013

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### CLINICAL EXPERIENCE

Sequel Youth and Family Services, Tuskegee, AL

## Substance Use Disorder Clinician/Consultant

Sequel Youth and Family Services, Tuskegee, AL

2016 -present

Providing supervision to clinical and non-clinical clinicians seeking substance use certification; Reviewing assessments, treatment plans, treatment plan reviews, and discharge summaries; Providing training and additional support to the program director with reporting and communication with pertinent state –agency representatives; Consulting with Administrator and Program Director on problems relating to clinical operations observed in treatment delivery.

Program Director 2011 -2016

Providing supervision to clinical and non-clinical clinicians and department heads. Developing and organizing curriculum to meet the needs of the population being served in the residential setting; ensuring that the treatment services meet state standards; facilitating trainings in clinical documentation, counseling strategies, and treatment planning; creating community partnerships to enable clinical staff to have a variety of linkages with various services needed to fulfill case management needs of clients; facilitating multidisciplinary mental health team in providing comprehensive mental health substance use care; Consulting with Administrator on problems relating to program operations; and interprets program policies, objectives, and operational procedures to department heads and other staff as designated by the Administrator. Participate in the development of responses to Request for Proposals and Invitations to Bid in the states of Alabama and Florida.

MHM Corrections, Montgomery, AL

## **Mental Health Professional**

2010 - 2011

Provided mental health case management services and consults with multidisciplinary mental health team in providing comprehensive mental health care to include linking clients (incarcerated male and females) with internal/external services, providing advocacy, as well as group and individual therapy; performed highly technical work under professional supervision involving the diagnosis, and evaluation; administered various psychological examinations, analyzed and interpreted the results, and discussed findings with appropriate staff; and developed appropriate treatment plans.

Human Resource Development Institute of AL, LLC

# Program Director of Adolescent Services

2006-2009

Developed policy and procedures for the operation of residential facilities; provided supervision to clinical and non-clinical staff; ensured program operations do not exceed approved budget during the fiscal year; developed and organized curriculum to meet the needs of the population being served in the residential setting; ensured that the operation and treatment services meet state standards; facilitated trainings in clinical documentation, counseling strategies, and treatment planning; created community partnerships to enable clinical staff to have a variety of linkages with various services needed to fulfill case management needs of clients; submitted new funding sources and proposal opportunities to expand the adolescent services to other needed areas; and responded to state and federal grant proposals that were researched.

Human Resource Development of AL, LLC

# Substance Abuse Therapist- Life Tech Facility for Women

2004-2006

Facilitated therapy, education, and family education group sessions; documented clients' activity in-group sessions; completed intake assessments and determining diagnostic impressions if client meets criteria for treatment; rendered individual therapy to clients seeking assistance in recovering from chemical dependency or abuse; developed treatment plans; documented clients' progress in treatment; and participated in Quality Improvement/Assurance Management Teams.

Chemical Addictions Program, Inc.

### **Adolescent Substance Abuse Therapist**

1999-2004

Facilitating therapy, education, and family education group sessions; Documented clients' activity in-group sessions; Completed intake assessments and determining diagnostic impressions if client meets criteria for treatment; Rendered individual therapy to clients seeking assistance in recovering from chemical dependency or abuse; Developed treatment plans; Documented clients' progress in treatment; Participated in Quality Improvement/Assurance Management Teams.

## SPECIAL TRAININGS

Sequel University Leadership Development Sequel Youth and Family Services

2014-2015

Instructor Certification Course

University of	Phoenix-Online	2014
Blackboard In Troy Univers	nstruction Certification ity	2012
	rtification Course Phoenix-Birmingham, Birmingham, AL	2011
PRESENTA	TIONS AND WORKSHOPS	
	and Working with Youth with Substance Use Disorders" cilitator at Alabama Department of Human Resources Supervisor's Conference	2015
	mpetency: Understanding the Need to Provide Culture Specific Treatment" cilitator at Alabama School for Alcohol and Drug Studies	2015
	mpetency: Understanding the Need to Provide Culture Specific Treatment" cilitator at Alabama School for Alcohol and Drug Studies	2014
	mpetency: Understanding the Need to Provide Culture Specific Treatment" cilitator at Alabama School for Alcohol and Drug Studies	2013
	Adolescents in the Hip Hop Culture" ion facilitator at Alabama Counseling Association Annual Conference	2012
	nd Recovery: The Disease Concept" or at Re-entry Program at Staton Correction Facility	2010
	Use Disorder: A Disabling Condition" or at Alabama State University Rehabilitation Studies Department	2010
	ogram: Shaping our Future Leaders" the 21st Annual Treating People of Colour Conference in Halifax, Nova Scotia	2007

## PROFESSIONAL MEMBERSHIPS

Alabama Association for Addictions and Offender Counselors (ALAAOC) division of Alabama Counseling Association (ALCA)

Alabama Alcohol and Drug Association (AADAA)

Alabama Counseling Association (ALCA)

Alabama Suicide Prevention and Resource Coalition (ASPRC)

Alabama Council on Compulsive Gambling

# PROFESSIONAL MEMBERSHIP OFFICES HELD

Alabama Association for Addictions and Offender Counselors (ALAAOC) division of Alabama Counseling Association (ALCA), Treasure 2000-2002 biennium and 1998-2000 biennium

Social Action Chair, Delta Sigma Theta Sorority, Inc., Nu Omicron Chapter, University of Montevallo

## COMMUNITY INVOLVEMENT

Council on Substance Abuse (COSA), Board Member	2017
ADMH Adolescent Taskforce	2014 -2016
Nursery Ministry, Teen Trainer, Fresh Anointing House of Worship	2012-present
Sexual Violence Prevention Committee	2012-2014
Capella University Mentor	2012-present
Capella University Ambassador	2011-present
Volunteer, Young Men's Christian Association (YMCA)	2009-2011
Youngblood Enterprises' Youth Enrichment Program (YEP), Board Member,	2008
Nursery Ministry, Pre-School Team Leader, Fresh Anointing House of Worship,	2007-2012
Troy University Alumni Association,	1999-present
Auburn University Montgomery, Upward Bound Program	1997
Family Sunshine Center, Crisis Rape Counselor,	1996-1998
Delta Sigma Theta Sorority, Inc., Public Service Organization,	1994-present